

stylish traveler | what's in your bag?



Clockwise from left: Josh Bernstein on location in northern Peru; Filson twill Carry-On, \$385; Garmin eTrex Vista HCx GPS, \$300.

From top: Stretch anorak, \$115, and quick-dry shirt, \$50, by Columbia.



PERU



Oakley Nanowire 4.0 sunglasses, \$300. Below: Llamas in the Cordillera Colán mountains of Peru.



# JOSH BERNSTEIN

TV HOST AND EXPLORER

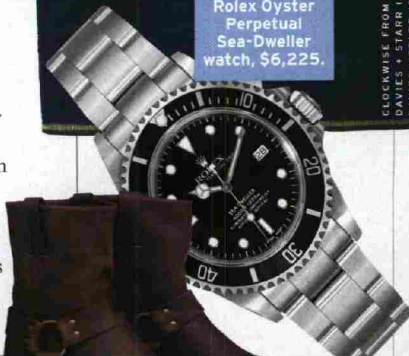
DESTINATION: Peru

PACKING APPROACH: *Off-the-Grid Adventure*

**A**FTER WORKING his way up from high-school camper to CEO of the Boulder Outdoor Survival School, adventure-travel guru Josh Bernstein is now launching a new show—*Into the Unknown with Josh Bernstein*—on the Discovery Channel this month. Whether to South American jungles or sub-Saharan plains, his trips require X-Acto-sharp packing skills. T+L got the scoop on what he took on a recent visit to Peru:

- **BAG** “Filson is the best luggage made,” Bernstein says of his twill bag. “Beautiful, rugged, and my constant companion as I travel the world.”
- **UNIFORM** On location, he wore a waterproof Crag Mountain softshell and a quick-dry Omni-Dry-Tamiami shirt, both by Columbia. “They were perfect for the rainy season in Peru.” Bernstein also packed organic, fair-trade Loomstate Mission jeans. “My all-time favorite boots are Frye’s Harness 8R’s, for anything from hiking in the Andes to exploring the markets of Lima.”
- **ACCESSORIES** Bernstein travels with minimal and understated accessories, like the Rolex Oyster Perpetual Sea-Dweller (“it’s tough as nails”) and Oakley’s Polarized Nanowire 4.0 sunglasses, which blocked the glare out at the fortress of Kuelap, 10,000 feet above sea level.
- **GADGET** “We filmed in remote villages—Chachapoyas, María, Leymebamba.” Bernstein’s Garmin eTrex Vista HCx GPS kept him on the map. —JASON SHEELER +

Loomstate Mission jeans, \$180. Below, from left: Frye Harness 8R boots, \$198; Rolex Oyster Perpetual Sea-Dweller watch, \$6,225.



CLOCKWISE FROM BOTTOM LEFT: JAMES TOVELL/DISCOVERY CHANNEL; DAVIES + STARR (3); NATIE HIRST/DISCOVERY CHANNEL; DAVIES + STARR (3); COURTESY OF BOLEK; DAVIES + STARR